villa five senses retreat at fjaka

• A Week at the Five Senses Retreat •

Schedule may be slightly adapted closer to the date

Sunday

From 14.00 Arrivals and Welcome
19.30 Welcome dinner at Villa Fjaka
21.30 Gong Bath

Monday

7.30 - 9.30 Breakfast
10.00 - 12.30 Ceramic workshop
13.00 - 14.00 Lunch
14.00 - 16.00 Relax 'Fjaka' time
16.30 - 18.30 Walk & Beach at the Olive Gardens of Lun
19.00 Dinner at the local restaurant
21.30 Gong Bath

Tuesday

7.30 - 9.30 Breakfast
10.00 - 12.30 Ceramic workshop
13.00 - 14.00 Lunch
14.00 - 16.00 Relax 'Fjaka' time
16.30 - 18.30 Walk & Beach locally
19.30 Dinner at Villa Fjaka
21.30 Gong Bath

Wednesday

7.30 - 9.30 Breakfast
10.00 - 12.30 Ceramic workshop
13.00 - 14.00 Lunch
14.00 - 16.00 Relax 'Fjaka' time
16.30 - 19.30 Stroll through the town of Pag or walk & beach to Zaton bay
20.00 Dinner at the local restaurant

Thursday

7.30 - 9.30 Breakfast
9.00 - 12.00 A guided sea kayaking in Pag bay
13.00 - 14.00 Lunch
14.00 - 19.00 Relax 'Fjaka' time
19.30 Dinner at Villa Fjaka
21.30 Gong Bath

Friday

7.30 - 9.30 Breakfast
10.00 - 12.30 Ceramic workshop
13.00 - 14.00 Lunch
14.00 - 18.00 Relax 'Fjaka' time
18.00 - 19.00 Gong Bath
20.00 Farewell dinner at the local restaurant

Saturday

7.30 - 10.00 Breakfast with Gong and Tibetan bowls sounds
From 10.00 onwards Farewells…

Villa Fjaka
Dabovi Stani 44, 53291 Novalja, Croatia
+44 7947 030607
hello@villafjaka.com
villafjaka